



WestNiagara

Secondary School

November 6th, 2023

Wolfpack and Families,

I have a few information items for you below.

1) School (Parent) Council

- a) Our next school council meeting will be on Wednesday, November 15th in the West Niagara Library (second floor) at 7pm
- b) Please RSVP and send any agenda items to Mr. Miller (mat.miller@dsbn.org)

2) Muslim Students Association (MSA)

Any students interested in joining the MSA are encouraged to reach out to group founder, Shahrukh Khan via the following Google Form: <https://forms.gle/tw9ripiebcQWqBhw6>

The group is for students to share experiences, share their voices and opinions on school community and environment, and support education within our school.

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3) Changes to Mental Health Service Providers in Niagara

a) Please see below for an update from Pathstones



Mental Health Care is Evolving Across Niagara

Effective, October 31st, 2023

Seamless access to mental health care and support for Niagara's children and youth, can now be found at Pathstone.

If your child/youth is under 18, living in Niagara, and needs mental health services, **connect with Pathstone Mental Health directly to get started.**

Step #1
Phone: 905.688.6850 ext. 8
Email: intake@pathstone.ca
Online: www.pathstonementalhealth.ca/programs-services

Step #2
One of our intake team members will call you back to chat with you about the type of mental health programming that would best suit your needs.

Step #3
You will be connected to the most appropriate mental health program or service.

 Pathstone Mental Health
The Branscombe Centre
1338 Fourth Ave.,
St. Catharines, ON,
L2S 0G3

 905.688.6850
General Inquiries

 intake@pathstone.ca

 www.pathstonementalhealth.ca

4) **Future Black Female**

a) Interested students, please see below for information on upcoming sessions

 **FutureBlackFemale**

SCHOOL DROP-IN
SESSIONS

Our safe and welcoming space is where Black girls like you come together to share, learn, empower each other, and strengthen your self-advocacy skills.

Let's build a stronger future together. See you there!

TIME: 11:20 to 12:00

ROOM: 115

DATE: Nov 10th

Takes place on Fridays bi-weekly



Have a great evening

Mat Miller
Principal, WNSS