



MENTAL HEALTH SPEAKER

in Partnership with
Canadian Mental Health Association



Karen Kiely

*She will share a story of
perseverance, and particularly,
of hope.*

May 21, 2025

1-3pm

Employment Help Centre
63 Main Street W, Grimsby

Dave "Chops" Phillips

*Dave "Chops" hopes to inspire
others, foster education, and
empower individuals to
prioritize their mental well-being*

June 10, 2025

1-3pm

Employment Help Centre
63 Main Street W, Grimsby

RSVP

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