

West Niagara News

HOW TO SURVIVE A ZOMBIE APOCALYPSE

Charlotte Fenn

October 3, 2024

Surviving a zombie apocalypse might seem like the stuff of nightmares, but with Halloween right around the corner, it's the perfect time to sharpen your survival skills. Drawing from some of the best (and bloodiest) zombie movies, this article will equip you with five essential tips to outlast the undead. Whether you're dodging walkers or looking to get into the spooky spirit, these survival hacks will keep you one step ahead of the horde

#5: Newspaper and Duct Tape - World War Z

World War Z introduces an assortment of survival techniques that have never been used in the media before. One of those techniques is wrapping Newspaper around your limbs and securing it with duct tape. Doing this can prevent zombies from biting your arms and legs and potentially infecting you.



Zombies

#4: Double Tap - Zombieland

Zombieland features so many essential rules for surviving a zombie apocalypse, but one of the most important is Double Tap. Just because something is down, doesn't mean it's out. Whether it's a fallen zombie or a suspiciously quiet area, make sure to double check for your own safety. Have you ever watched a zombie movie where someone was attacked because the zombie wasn't actually dead? This is the solution to that problem. Better safe than sorry.

#3: Newspaper curtain - Train to Busan

In Train to Busan, the main characters must survive a train full of quick, vicious zombies. While the zombies were looking through the glass window at the protagonist, one of the characters decided to pour water onto the window and stick newspaper to it so that the zombies wouldn't see through. This clever technique could theoretically be used on any window, whether it's in your house, in your school or on a train. At least you have a newspaper in your hand right now to use in case a zombie apocalypse breaks out during class.

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#2: Cardio - Zombieland

Of course rule number 1 from the rulebook of Zombieland must be included. Cardio is applicable to anyone in a zombie apocalypse; you don't have to be faster than the zombies, you just need to be faster than the slowest person. If you find a moment to catch your breath while dodging zombies, consider hitting the gym—just be careful not to cross paths with any undead gym bros.

#1: Becoming invisible - World War Z

While the protagonist of this film is stuck inside a hospital room with medicine and needles, a zombie lurks outside the room, watching from the window. In order to escape the room safely, the protagonist injects himself with a deadly disease and becomes invisible to the horde of zombies. While not

applicable to everyone, should you run into a hospital during a zombie apocalypse, it wouldn't be a bad idea to take some medicine or injections with you.



BEST PLACES TO SEE FALL COLOURS

Chloe Van Geest October 5, 2024

It's already October, WNSS! With it comes cooler weather, the anticipation of Thanksgiving and Halloween, and the transformation of the year: leaves changing colour. With all of this unfolding in October and November, now is the perfect time to get outside and experience nature. If you are eager to explore whimsical hiking trails, experience the crisp air, and view the beautiful colours of leaves turning from lush green to bright reds, oranges, and yellows, here are some great areas to check out this fall:

Beamer Memorial Conservation Area, located on 28 Quarry Rd, Grimsby. With lookout points to see breathtaking views of Lake Ontario and the Escarpment, it's a great area to capture beautiful photos and enjoy nature.

Kinsmen Park, located on 3820 Kinsmen Rd, Beamsville. There are unique rock formations, beautiful views of Lake Ontario and a leash-free dog park, along with many paths to enjoy the reds, yellows, and oranges of the season.

Ball's Falls Conservation Area,



located on 3292 Sixth Ave, Lincoln. Not only does Ball's Falls have a 1.7 km hike through forests and 2 waterfalls, the area was carefully restored, with history that dates back to the early 1800s with a church, an operating flour mill, and more.

Louth Conservation Area, located 3193 Staff Ave, Jordan Station. With a serene waterfall that flows down 15 Mile Creek and stepping-stone trails, this area is a beautiful, peaceful place to visit this fall. Located in this

conservation area, there is the main Bruce trail, which is marked with white blazes, and a side loop trail that takes around 30-45 minutes to hike through, marked with blue blazes.

So, whether you want to get active this fall, capture some stunning photos, or simply just want to enjoy the leaves changing to vibrant colours, check out these places this October for breathtaking views that you won't regret travelling to this fall.

NATIONAL FOOTBALL LEAGUE - A QUICK BREAKDOWN

Sydney Colling
October 14, 2024



The National Football League, otherwise known as the NFL, is a very large organization. They have not only had a huge impact on the entertainment world, but also the economy in each city, making it a multi-billion dollar league, with about 16 billion dollars of revenue in 2018.

For those of you who aren't super well versed in football, here's a break-down of one of the most successful sports leagues in the world.

For those of you new to football, there are 32 teams in the National Football League (NFL). They are divided into 2 conferences, both of which are composed of 16 teams. There is the American Football Conference (AFC) and the National Football Conference (NFC). Both conferences have 4 divisions: NFC North, South, East and West, and likewise for the AFC. Each division has 4 teams. In shorter terms, there are 4 teams in each division, 4 divisions in each conference, and 2 conferences in the NFL.

Let's start with NFC North and its teams: the Detroit Lions, Green Bay Packers, Minnesota Vikings and Chicago Bears. Currently, the Detroit Lions are leading their division with the record of 6 wins and 1 loss (6-1). The NFC South has the Atlanta Falcons, Tampa Bay Buccaneers, New Orleans Saints and the Carolina Panthers. The Atlanta Falcons are leading the NFC South with the record of 5-3.

The NFC West has the Arizona Cardinals, San Francisco 49ers, Seattle Seahawks, and the Los Angeles Rams, with the Arizona Cardinals, San Francisco 49ers and Seattle Seahawks all leading their division with 4-4. Finally, we come to the NFC East. The teams in this division are the Washington commanders, Philadelphia Eagles, Dallas Cowboys and the New York Giants. The Washington Commanders are leading their division with 6-2.

Next, we have the AFC. Starting with the AFC East, we have the Buffalo Bills, Miami Dolphins, New England Patriots, and New York Jets. Currently, the Buffalo bills are leading their division with a record of 6-2. Next is the AFC North, with Pittsburgh Steelers, Baltimore Ravens, Cincinnati Bengals, and Cleveland Browns. The Pittsburgh Steelers are leading with a record of 6-2. AFC South is composed of Houston Texans, Indianapolis Colts, Jacksonville Jaguars, Tennessee Titans, with the Houston Texans leading with 6 wins and 2 losses. Finally, we have the AFC West, with Kansas City Chiefs, Denver Broncos, Los Angeles Chargers and Las Vegas Raiders, with the Chiefs leading not only the division but the league with a record of 7-0.

One of the most notable staples of Fall is football, so hopefully this quick guide will keep you excited for NFL season and the games that are yet to come!

BACK TO SCHOOL

CROSSWORDS - ANSWERS

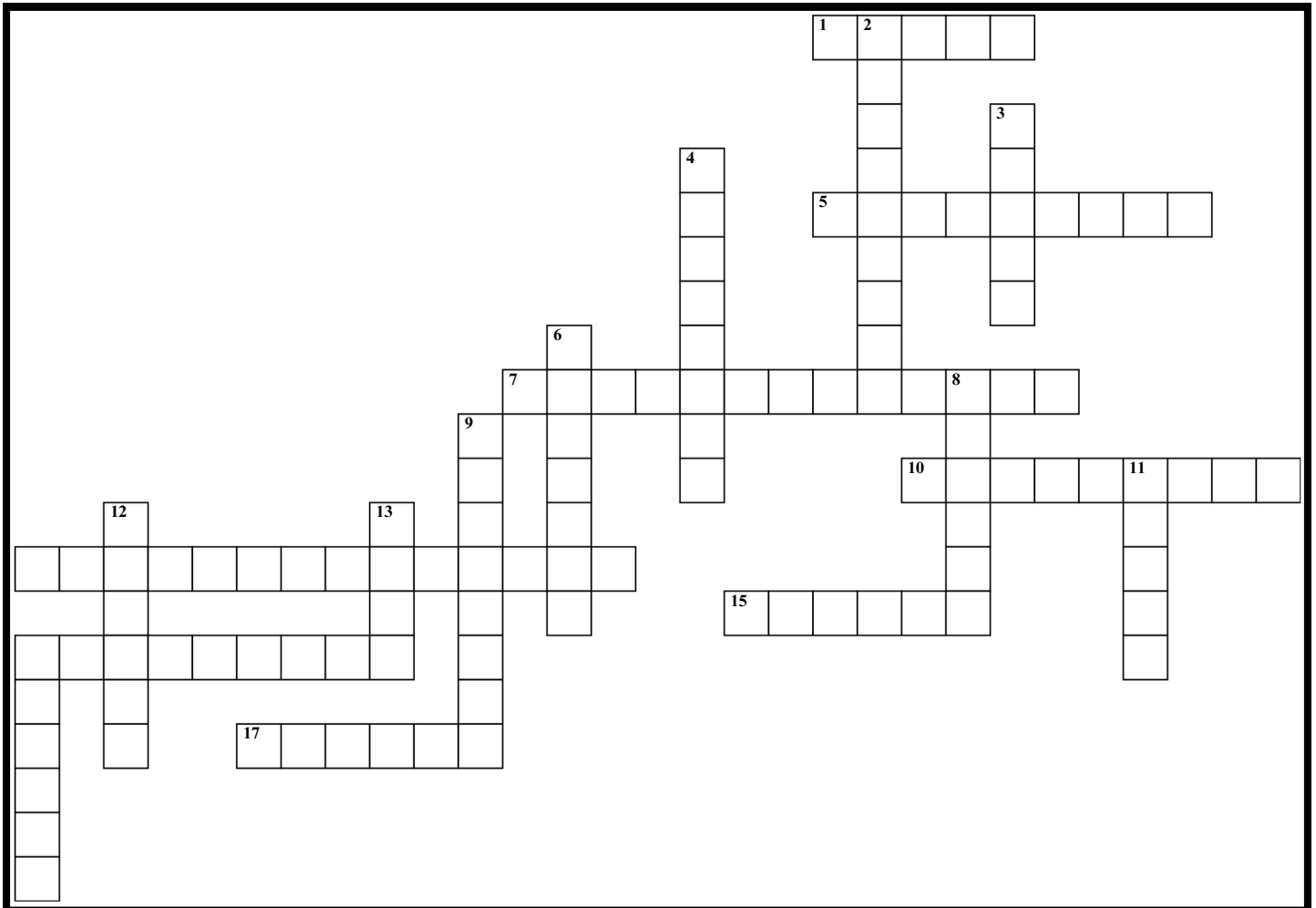
- | | | |
|----------------|--------------|--------------|
| 1. Math | 7. Pencil | 13. Yearbook |
| 2. Theater | 8. Miller | 14. English |
| 3. Eraser | 9. Chemistry | 15. Binder |
| 4. Biology | 10. Guidance | |
| 5. WestNiagara | 11. Wolfpack | |
| 6. Highlighter | 12. Physics | |

UPCOMING EVENTS:

- NOV 3 - End of Daylight Savings
- NOV 6 - Take Your Kids to Work Day
- NOV 9 - Fundraiser Show
- NOV 11 - Remembrance Day
- NOV 12 - Midterms Home
- NOV 29 - PA DAY

SPOOKY SEASON

Madailein Van Duzen
October 26, 2024



Across

- 1. Species of Casper (5)
- 5. Film about possession - 2013 (9)
- 7. Halloween teen flick - 1997 (13)
- 10. Stereotypical Halloween treat (5,4)
- 14. Carved squash with a candle inside (4-1-7)
- 15. Undead person (6)
- 16. Spooky scary _____ (9)
- 17. Bobbed-for treat (6)

Down

- 2. Autumnal holiday (9)
- 3. Ghosts do this to old houses (5)
- 4. Person that transforms into a wolf (8)
- 6. Edward, Alice, Carlisle (7)
- 8. Colour of a popular autumnal squash (6)
- 9. The clothing of Halloween (8)
- 11. Trick-or-treaters beg for this ware (5)
- 12. Popular 1996 Halloween film (6)
- 13. Dracula's other form (plural) (4)
- 16. 8-legged bug (6)

SPIDER • VAMPIRE • WEREWOLF • ZOMBIE

HALLOWEENTOWN • HAUNT • JACK-O-LANTERN • ORANGE • SCREAM • SKELETONS

APPLES • BATS • CANDY • CANDY CORN • CONJURING • COSTUMES • GHOST • HALLOWEEN

SPOOKY SEASON - ANSWERS