



WNSS MSIP TERM 2



60 minutes to help you complete the semester to the best of your ability

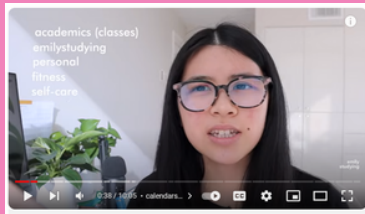
The **Multi-Subject Instructional Period** is an opportunity for all students. Each day after attendance is taken, students choose how to best use their MSIP time. Click on the images and links below to access some tools and considerations below that can guide how MSIP could be helpful. MSIP teachers are available to answer questions that can improve academic success and they can help students access other supports for student achievement and well-being. There are a number of chromebooks available for use; visit the Learning Commons at break or after having attendance taken to sign a device out.

STAY ORGANIZED

As the semester progresses, your coursework will become more rigorous, your thinking may require more development and the tasks used to assess your learning may be worth more. How do you keep track of what work and deadlines are ahead?

Time flies, and please know that a process to keep yourself informed about importing upcoming dates is necessary in life. This video describes how to use Google Calendar well.

Effective use of MSIP can lead to less personal time needed to complete tasks or to study.



REASSESS and REVISE HOW YOU'LL REACH YOUR GOALS THIS SEMESTER

What are you doing next to accomplish the goals you've set for this semester? What feedback have you received and how will you use that information to do better? Keep track of your achievements using this form, and use the image to the right to plan your next steps toward your next achievements.



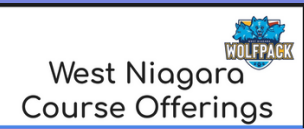
REFLECT AND REVIEW



Consider how you've developed as a student this semester and remember that each new day is a new opportunity to be better. That may mean your interests and after-WNSS pursuits are developing, too.

What do you envision for yourself in a few years? How can you get there?

Use time to visit [Career Exploration Resources](#) to find out more about opportunities. Click on [Course Offerings](#) to see what you can consider for your next academic year. This will be updated as new courses are added.



PLAN FOR THE END

Final culminatings and exams are in 6 weeks!

FOR MSIP:

What do you need to use this time as best you can? Ask your teachers to clarify what needs to be completed and use MSIP to do it!



TAKE GOOD CARE

- *REST
- *NUTRITION
- *REGULATED MEDIA USE
- *PHYSICAL ACTIVITY
- *SELF CARE

Maintain healthy routines over the winter break - avoid endless nights during the holidays because they are more difficult to break when you return. Use the Student Support Form to connect with staff who can help.

STUDY EFFECTIVELY

What are your learning styles? How can you study best for your style? Try these questionnaires and then see what strategies will help you study effectively.

[Vark questionnaire 1](#)
[Vark questionnaire 2](#)

[version française](#)

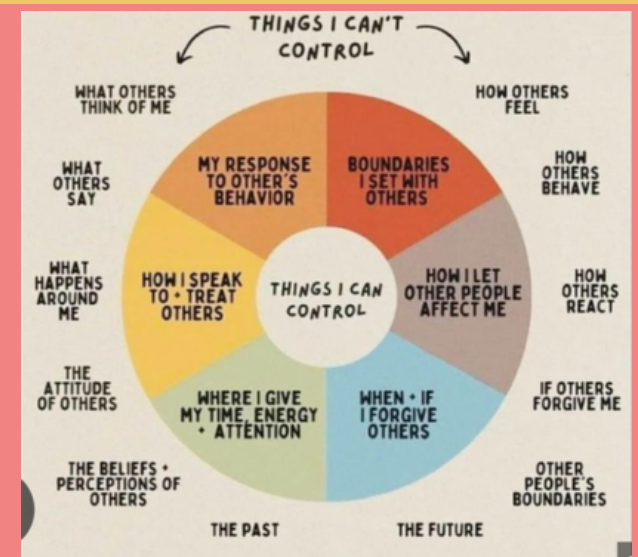
[WNSS STUDY TIPS](#)

Study Tips & Tricks	Visual	Auditory	Kinesthetic
	<ul style="list-style-type: none"> Sit in the front of the room to avoid distraction and away from doors or windows where action takes place. Use neatly organized or typed material. Use flashcards, note pads, Post-its, to-do lists and other forms of reminders. Participate actively in class or group activities. Use highlighters and underline words or phrases. Make frequent use of symbols and colors in your notes and study guides. Use flow charts, graphs, charts, maps, etc. 	<ul style="list-style-type: none"> Study in quiet spaces to reduce distractions. Read notes aloud or listen to recorded tapes. Convert illustrations into verbal descriptions. Talk through concepts with classmates and professors. Use rhymes, jingles and auditory repetition through tape recording to improve memory. Leave space in lecture notes for later recall and "filling in." Expand notes by talking with others and collecting notes from textbooks. 	<ul style="list-style-type: none"> Make use of laboratories and/or hands on experiments. Create your own charts and graphs. Use photographs to illustrate ideas and theories. Type or handwrite your notes again after the lecture. Use many examples and case studies in your notes. Discuss notes and assignments with another kinesthetic learner. Teach the material (concepts, problems) to someone else. Use the trial and error method, where applicable. Allow for physical action in solving problems.

Information taken from Stetson University

REMEMBER WHAT IS WITHIN YOUR CONTROL

When considering what is best for yourself and your next steps this semester, please remember:



Critical and curious thinking about AI

AI - Learning about AI as a useful tool and asking questions to see if/how it can enhance the work that you do to learn. Depending on technology leads to it doing the thinking for us. Let's use technology to our advantage when we can to help us learn.

AI can help you study!
[Create your own flashcards](#)



You must always apply critical thinking

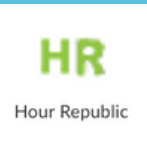
You can begin to feel more comfortable with these new and emerging tools if you are routinely asking yourself:

- Why am I using this tool?
- Am I using this tool to help me think, or to think for me?
- Am I using this tool to produce content and submitting it as my own work?
- If I use this tool as a research aid, am I accurately citing the primary sources?

VOLUNTEER AND GIVE BACK Giving back benefits you and your well-being.

40 Community Service Hours are necessary to graduate. Use Hour Republic in your D2L to log them.

Now that you're settled into the year, [Click here to access current volunteer opportunities](#)



MSIP is daily class that provides students freedom and choice to use time in a way that best serves them. Use it to your advantage, WNSS!